

Dear UCDSB Families,

The well-being of all members of our school communities, including students, families and staff, is a top priority for our school board. We are writing to let you know that the province released its testing plan on Friday May 29, 2020, [Protecting Ontarians Through Enhanced Testing](#).

Ontario's testing guidance now indicates that you should visit an assessment centre if you:

- have at least one of the [symptoms of COVID-19](#)
- do not have symptoms but are concerned you might have been exposed
- do not have symptoms but think you are at risk through your employment (for example, if you are an essential or health care worker)
- would like to be tested

To support Ontarians who have identified the need to get tested, as of May 24, 2020, people will no longer need a referral to go to any of the more than 130 assessment centres across Ontario for testing. No Ontarian will be declined a test.

Given this expanded guidance, if you do choose to get tested, here are a few important notes:

- Testing is voluntary.
- You do not need an OHIP card to be tested. It is a free service.
- Some assessment centres may require you to book an appointment first or have certain restrictions (for example, some are unable to test young children). [Find out more about an assessment centre near you.](#)
- You can also take an online [self-assessment](#) to help determine if you should get tested.
- If you are free of symptoms and have not had contact with anyone confirmed to have COVID-19 when presenting for testing, you will not be required to self-isolate. However, you should self-monitor for symptoms for 14 days regardless of your test result. If you begin to develop symptoms, self-isolate and contact your local public health unit for further advice.

We invite you to stay informed and visit Ontario's [website](#) to learn more about how the province continues to protect Ontarians from COVID-19. More information can be found through our local health units: [Eastern Ontario Health Unit](#) and [Leeds, Grenville & Lanark District Health Unit](#).

School boards are community partners, especially during this challenging time, so it is important for us to share this health-related information with you.

Sincerely,

Stephen Sliwa
Director of Education
Upper Canada District School Board

John McAllister
Chair of the Board
Upper Canada District School Board